



BENSHAM MANOR

Careers and Skills for Life Curriculum 2025-2026

	YEAR 7	YEAR 8	YEAR 9
Autumn Term 1	Welcome to Bensham School and expectations A Growth Mindset Zones of Regulations Managing our Emotions	Making and selling cards Research Planning and Preparation Carrying out the selling	Working as a group to set up and run a mini-enterprise. Preparing for a Christmas gift sale Research Planning and Preparation Carrying out the selling
Autumn Term 2	Friendships - Friend Project Social skills Social situations School of memories	Learning about different workplaces – Health and Safety	
Spring Term 1	Road safety - Focus on local roads. Green Cross Code Travel and Leisure	An introduction to Careers & Employability Learning about language used in different places and for different reasons Meaningful encounter with employer / employee	Work Experience: Working in a cafe Careers Week Meaningful encounter with employer / employee Writing a Vocational Profile
Spring Term 2	Stranger Danger People who help us in the Community		
Summer Term 1	Ways to stay active - including diet and exercise Organisational Skills Skills and Qualities	Researching organisations and activities	Preparation for Work Planning and writing a CV
Summer Term 2	The World of Work Professions When I grow up Acting Out Job Roles	Working as part of a team Planting Seeds and Growing Herbs Research Planning and Preparation Carrying out the selling	Myself within the community

	YEAR 10	YEAR 11	POST 16
Autumn Term 1	Preparation for Work – Planning a Journey	Interview Preparation with the SaLT Team to revisit interview skills techniques. An interview pack is provided as part of this experience. College Visits	College visits- weekly visits during the Autumn Term Work Experience is offered through a range of experiences: Post 16 run the Turtle Cafe within the school grounds and prepare lunches for the staff two days per week. Post 16 are constantly involved with different enterprise projects throughout the year developing skills that prepare the students for the world of work and look to develop team skills within a working environment. Parents/Carers are kept up-to-date with these projects.
Autumn Term 2	Independence & Self Help		
Spring Term 1	Careers Week Meaningful encounter with employer / employee	College Visits Careers Next Steps Interviews Careers Week College Mock Interviews Meaningful encounter with employer / employee	
Spring Term 2	Updating the Vocational Profile/ Personal Statement Destination and Options Learning about work places		
Summer Term 1	Preparing for Work – Work Experience	Work Experience Placement - 2 weeks	
Summer Term 2	Work Experience placement - 1 week		