



Croydon Health Services
NHS Trust

Tulip Paediatric Nursing Service and Healthcare Transition

Growing up, Moving on

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Excellent care for all

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Tulip

Paediatric Neurodisability

Nursing Service

Croydon



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Growing Up Moving On



What is Transition?

It is the process of preparing, planning and moving from children's to adult health services



THE FUTURE
IS BRIGHT

Put simply, it's about planning what is going to happen in the future

It happens over a considerable period of time, usually starting in year 9 (age 14)



It includes thinking about the needs and preferences of your child, considering the choices available and making decisions about these

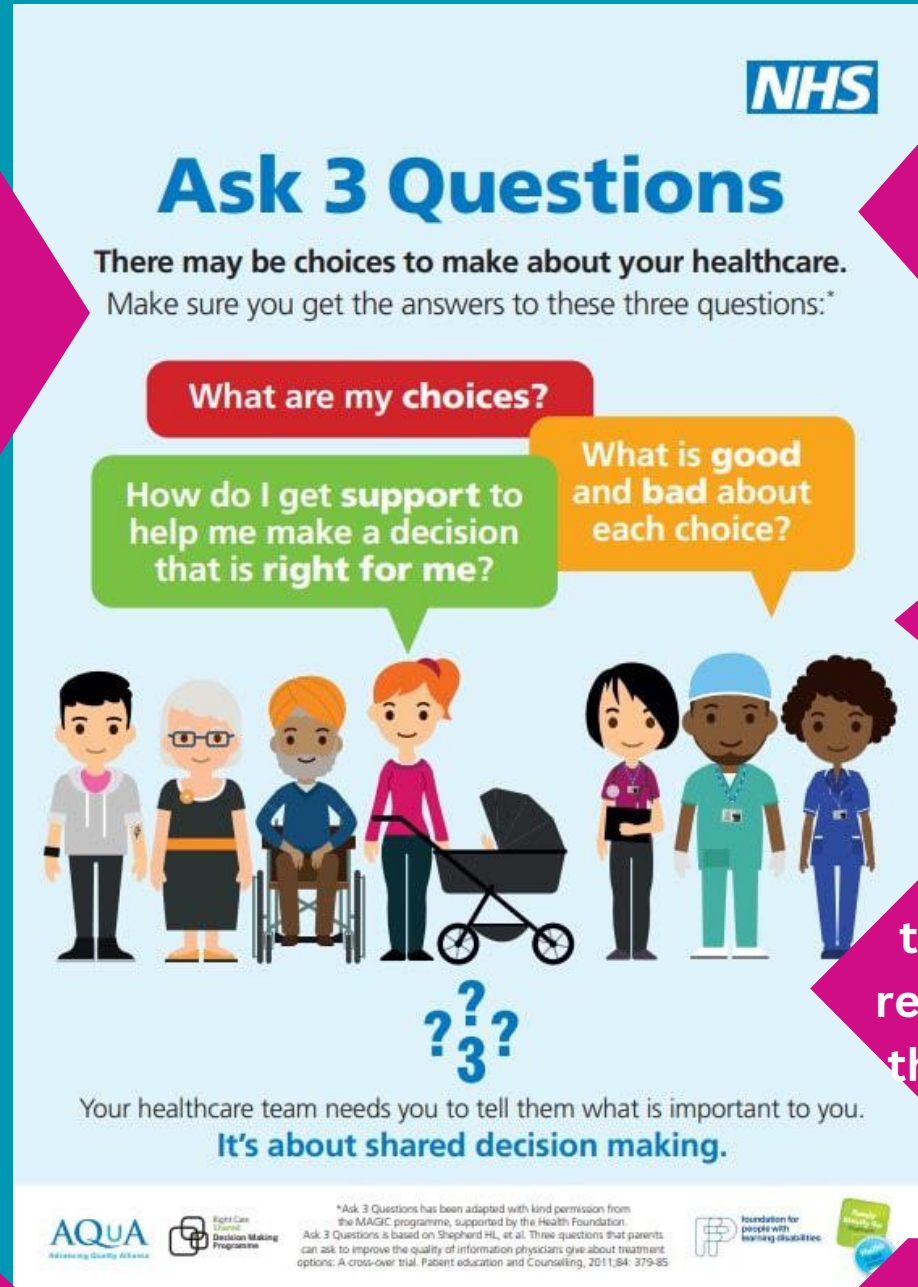


How can you prepare for Transition?

Make a list of every health service your child currently receives so you can think about who will provide this in adult services

Ensure your child is on their GP's learning disability register and book an annual health check

Prepare your child for appointments and encourage them to participate if they are able to



The poster is titled 'NHS Ask 3 Questions' and features three speech bubbles with the following questions: 'What are my choices?', 'How do I get support to help me make a decision that is right for me?', and 'What is good and bad about each choice?'. Below the speech bubbles is an illustration of a diverse group of people, including a man, a woman, a person in a wheelchair, a person pushing a stroller, and three healthcare professionals. Below the illustration is a large question mark with the number '3' inside it. The text at the bottom of the poster reads: 'Your healthcare team needs you to tell them what is important to you. It's about shared decision making.' At the very bottom, there are logos for AQUA, the Right Care Shared Decision Making Programme, and the Foundation for People with Learning Disabilities.

NHS

Ask 3 Questions

There may be choices to make about your healthcare. Make sure you get the answers to these three questions:*

What are my choices?

How do I get support to help me make a decision that is right for me?

What is good and bad about each choice?

?₃?

Your healthcare team needs you to tell them what is important to you.
It's about shared decision making.

*Ask 3 Questions has been adapted with kind permission from the MAGIC programme, supported by the Health Foundation. Ask 3 Questions is based on Shepherd H.L., et al. Three questions that parents can ask to improve the quality of information physicians give about treatment options: A cross-over trial. Patient Education and Counseling, 2011;84: 379-85.

AQUA Advancing Quality Alliance

Right Care Shared Decision Making Programme

Foundation for people with learning disabilities

Talk to all your child's health teams about transition at appointments

Complete a transition questionnaire

Make sure health teams are aware of any reasonable adjustments that your child requires

Ask to meet with or visit new services or areas that your child will transition to

What is Healthcare Transition

- **Healthcare Transition is the gradual process of preparing, planning and moving from children's to adult services. It ensures safe, effective, person centred care from children's to adult's services.**
- **Transition should be a purposeful, planned process from child-centred to adult-orientated healthcare. It is not a simple transfer of care**
- **Critical for young people who have long term and complex needs**
- **Aiming for continuity of care, empowerment, and better health outcomes**
- **Gives families and young people the tools they need to navigate adult healthcare services**



Useful Tools

Croydon Health Services NHS Trust

This is my **Health Care Passport**

For people with learning disabilities using health services

My Name is: _____

If I need healthcare this book needs to go with me, it gives health care staff important information about me.

It needs to hang on the end of my bed in hospital and a copy should be put in my notes.

This passport belongs to me, please make sure I keep it with me.

Nursing and medical staff please look at my passport before you do any interventions with me.

Every adult has the right to make their own decisions and you MUST assume I have capacity to make them unless you prove otherwise.

Things you must know about me

Things that are important to me

My likes and dislikes

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My Emergency Health Care Plan

have complex health needs and specific care requirements when accessing healthcare settings

NAME: _____ DOB: _____ NH & No: _____

GP: _____ ALLERGIES: _____

SUMMARY OF MY HEALTH NEEDS: _____

MY PARENT/CARER: _____ NAME/S: _____ PHONE NUMBER/S: _____ EMAIL: _____

HEALTH PROVIDER/S WHO SUPPORT ME: _____

MY REGULAR MEDICATION: _____

Croydon Health Services NHS Trust

My Emergency Health Care Plan

have complex health needs and specific care requirements when accessing healthcare settings

Reasonable Adjustments I Need

are the reasonable adjustments that I need you to make when providing my healthcare. The Equality Act 2010 recognises my disability as a protected characteristic.

HOW YOU SHOULD COMMUNICATE WITH ME: _____

MY USUAL PRESENTATION: _____

EQUIPMENT I USE: _____

MY CARE PLAN/S THAT YOU WILL NEED TO READ AND FOLLOW: _____

My Health Passport For autistic people

Healthcare staff, please consult this passport before you assess me or carry out any interventions.

Hospital staff, please keep this passport with my notes at the end of my bed and return to me when I am discharged.

This is for personal use only. Please look at the guidance notes before filling out your health passport the notes are at www.autism.org.uk/health-passport

Personal information

Name: _____

I like to be called: _____

Date of birth: _____

NHS number: _____

If I am admitted to hospital, I would like the following person to be contacted:

Name: _____ Relationship: _____ Phone number: _____

Other people I would like you to contact in connection with my treatment and care:

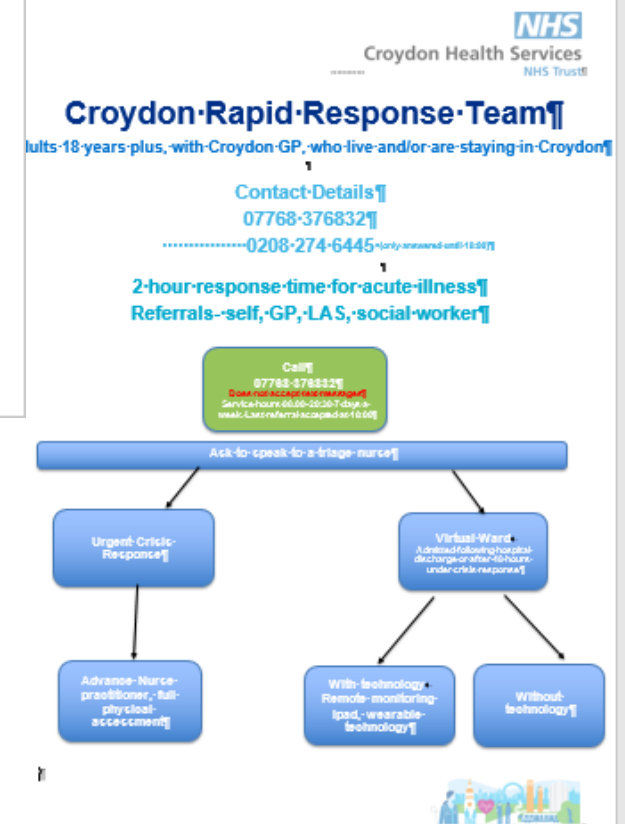
Name: _____ Relationship: _____ Phone: _____

Name: _____ Relationship: _____ Phone: _____

I have an Advance Directive: Yes No

A really important thing to know about me is:

The guidance notes have examples of what to put here, please see www.autism.org.uk/health-passport for the guidance notes. It may help if you fill this out after completing the rest of the form.



Useful links

[Guide to Transition](#)

(Easy Read)

[Annual Health Check](#)

(Easy Read)

[Annual Health Check](#)

[Personal Independence Payment \(PIP\)](#)

[Making Financial Decisions For Young people with a](#)

[Learning Disability](#)

[Court of Protection](#)

[Mental Capacity Act resource pack](#)

[Transition for Young people with a learning Disability](#)

[Mental Health Support](#)

[Citizens Advice](#)

[Direct Payments](#)

[Drugs, Alcohol and smoking advice](#)

[Puberty and Sexual Health](#)

[Croydon Local Offer](#)

[Carers Assessment](#)

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 @TulipPaediatric

 tulipneurodisabilityteam

 Tulip Paediatric Nursing Service



Croydon Health Services
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Growing up, moving on.

A guide to your transition journey



Where can you get further information?



Croydon Health Services
NHS Trust

**The School Nurse for
Bensham Manor and Priory
School is;**



Diane Mansell



020 8680 4810



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Croydon Health Services
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**The Clinical Nurse Specialist
for Healthcare Transition is;**



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 **Call us**

020 8680 4810

