BENSHAM MANOR School

PE Curriculum Map 2026-27

	YEAR 7	YEAR 8	YEAR 9	Year 10	Year 11	Post 16
Autumn Half -Term 1	Athletics (Cross Country/ Orienteering) Tag Rugby Team Building	Athletics (Cross Country/ Orienteering) Tag Rugby Team Building	Athletics (Cross Country/ Orienteering) Tag Rugby Team Building	Athletics (Cross Country/ Distance running) Touch Rugby Sports Leadership	Athletics (Cross Country/ Distance running) Touch Rugby Car Driving Sports Leadership	Sport for Life - use of leisure centres and sports clubs for a range of activities. Weekly Tennis sessions at Purley Bury Tennis Club
Autumn Half -Term 2	Badminton Dodgeball Team Building	Badminton Dodgeball Team Building	Badminton Dodgeball Team Building	Badminton Dodgeball Sports Leadership	Badminton Dodgeball/Sports Leadership Car Driving	
Spring Half -Term 3	Unihoc Personal Fitness Team Building	Fitness/Yoga/ Basketball/Netball Team Building	Fitness/Yoga Basketball/Netball Team Building	Fitness/Yoga/ Basketball/Netball Sports Leadership	Fitness/Yoga/ Basketball/Netball Car Driving Sports Leadership	
Spring Half -Term 4	Cycling Boccia Team Building	Cycling Boccia Team Building	Cycling Boccia Team Building	Cycling Boccia Sports Leadership	Cycling Boccia Sports Leadership	
Summer Half -Term 5	Football Athletics (Track and Field) Team Building	Football Athletics (Track and Field) Team Building	Football Athletics (Track and Field) Team Building	Football Outdoor Activities Watersports/Orienteering Sports Leadership	Football Outdoor Activities Watersports/Orienteering Sports Leadership	
Summer Half -Term 6	Tennis Cricket Team Building	Tennis Cricket Team Building	Tennis Cricket Team Building	Tennis Cricket Sports Leadership	Tennis Cricket Sports Leadership	